

# HOW WILL MY CHILD BENEFIT



Confidence and resilience



Emotional regulation



Concentration and focus



Social skills and friendships



Overall happiness at school



If you'd like more information, please speak to your child's class teacher, the school SENDCo, or a member of the nurture team. We're always happy to help.



# NURTURE GROUP PARENT INFORMATION





## WHY HAS MY CHILD BEEN INVITED

Teachers may suggest the Nurture Group when they feel a child would benefit from extra emotional or social support. This could relate to confidence, friendships, transitions, or managing big feelings. Our aim is always to help children succeed.

## WHEN WILL THE SESSIONS TAKE PLACE

Sessions usually run in the afternoon so children do not miss core learning. The skills they develop in Nurture sessions support their progress across the whole curriculum.

## WHAT IS NURTURE GROUP

A Nurture Group is a small, welcoming group where children build confidence, develop social skills, and feel emotionally ready to learn. Sessions are calm, structured, and focused on helping children thrive both socially and academically.

It focuses on helping children develop social and emotional skills through structured activities, routines, creative tasks, and opportunities to practise skills that transfer back into the classroom.

